

VC&AC Multisport Results 2007-08 Year End Report

| Event | Format | Distance | | Date | Age_cat | time | Position | Cat | Vest |
|---------------------------------------|--------|----------------|--------------------|------------|---------|----------|----------|--------------|------|
| Bedford Sprint Tri | S/B/R | 750m/25K/6K | Lesley Cliff | 27/07/2008 | FV60 | | 7th | 1st FV50 | VCAC |
| ITU World Tri Champs | B/R | | Lesley Cliff | 06/06/2008 | FV60 | | 5th | | VCAC |
| National Aquathlon Champs | S/R | | Lesley Cliff | 31/05/2008 | FV60 | | 25th | 1st | VCAC |
| Blithfield Triathlon | S/R | | Lesley Cliff | 31/08/2008 | FV60 | 01:06:47 | | 1st FV45 | VCAC |
| National Relays (Team) | S/B/R | 400m/15K/5K | Terry Vine | 02/08/2008 | MV40 | | | | 2nd |
| Salford Aquathlon | S/R | 750m/5K | Steve Coote | 26/06/2008 | MV40 | 00:44:34 | | | VCAC |
| Chorlton Super Sprint Tri | S/B/R | 440m/10K/2.5K | Steve Coote | 31/05/2008 | MV40 | 00:54:20 | 23/37 | | VCAC |
| Warwick Tri | S/B/R | 400m/20K/5K | Steve Wigglesworth | 28/09/2008 | MV40 | 00:56:12 | 3/250 | 1/60 | VCAC |
| Driffield Sprint Triathlon, E Yorks | S/B/R | 400m/23K/5K | Steve Wigglesworth | 11/05/2008 | MV40 | 00:57:45 | 5/180 | 1/50 | VCAC |
| Duston Sprint Triathlon, Beds | S/B/R | 400m/20K/5K | Steve Wigglesworth | 27/04/2008 | MV40 | 00:59:07 | 9/400 | 1/50 | VCAC |
| Lincolnshire Tri | S/B/R | 400m/20K/5K | Steve Wigglesworth | 20/07/2008 | MV40 | 01:02:05 | 10/380 | 1/40 | VCAC |
| Allerthorpe Sprint Triathlon, E Yorks | S/B/R | 750m/20K/5K | Steve Wigglesworth | 22/06/2008 | MV40 | 01:03:19 | 7/170 | 2/50 | VCAC |
| Big Cow Sprint Triathlon, Bucks | S/B/R | 750m/20K/5K | Steve Wigglesworth | 18/05/2008 | MV40 | 01:05:05 | 20/250 | 6/80 | VCAC |
| Woodhall Spa Sprint Triathlon, Lincs | S/B/R | 400m/24K/5K | Steve Wigglesworth | 15/06/2008 | MV40 | 01:05:19 | 11/400 | 1/50 | VCAC |
| Hatfield Tri S.Yorks | S/B/R | 750m/20K/5K | Steve Wigglesworth | 27/07/2008 | MV40 | 01:06:41 | 7/200 | 2/39 | VCAC |
| Rugby Sprint Triathlon | S/B/R | 400m/20K/5K | John Gabriel | 31/08/2008 | MV50 | 01:09:00 | 58/251 | 18/60 MV | VCAC |
| Mallory Sprint Triathlon, Leics | S/B/R | 750m/20K/5K | Steve Wigglesworth | 04/05/2008 | MV40 | 01:09:11 | 19/120 | 6/40 | VCAC |
| Clumber Park Classic Duathlon | R/B/R | 5K/26K/2.5K | Steve Wigglesworth | 08/03/2008 | MV40 | 01:10:06 | 4/130 | 1/45 | VCAC |
| Grendon Tri Northants | S/B/R | 750m/20K/5K | Steve Wigglesworth | 07/09/2008 | MV40 | 01:15:31 | 2/250 | 1/80 | VCAC |
| ITU World Age Champs (45-49), | S/B/R | 1K/20K/5K | Steve Wigglesworth | 06/06/2008 | MV40 | 01:19:30 | 5/47 | 5/47 | VCAC |
| Nottingham Sprint Tri | S/B/R | 750m/20K/5K | Terry Vine | 03/08/2008 | MV40 | 01:20:14 | 192/266 | | 2nd |
| Carsington Duathlon | R/B/R | 5K/30K/5K | Steve Wigglesworth | 07/10/2008 | MV40 | 01:24:29 | 16/160 | 7/60 | VCAC |
| Durham Duathlon | R/B/R | 5.25K/25.75K | Jon Zigmund | 30/04/2008 | MV50 | 01:42:04 | 46/72 | 5/7 | 2nd |
| Hamsterley Forest Duathlon | R/B/R | 5K/25K/5K | Jon Zigmund | 16/03/2008 | MV50 | 01:48:41 | 57/88 | 7/12 (+1dnf) | 2nd |
| Cleveland Short Course Triathlon | S/B/R | 1000m/30K/7.5K | Jon Zigmund | 15/06/2008 | MV50 | 01:59:11 | 130/167 | 14/17 | 2nd |
| Clumber Park Classic Duathlon | R/B/R | 10K/40K/5K | John Gabriel | 08/03/2008 | MV50 | 02:07:57 | 158/273 | 4/10 | 1st |
| Cambridge Duathlon | R/B/R | 7K/35K/7K | John Gabriel | 20/04/2008 | MV50 | 02:10:50 | 28/115 | 3/6 | VCAC |

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|-------------------------------------|---------------|-----------------|-----------------|-------------|----------------|-------------|-----------------|--------------|-------------|
| Milton Keynes Duathlon | R/B/R | 10K/40K/5K | John Gabriel | 13/04/2008 | MV50 | 02:18:24 | 166/2280 | 5/10 | VCAC |
| Swindon Duathlon | R/B/R | 10K/40K/5K | John Gabriel | 06/04/2008 | MV50 | 02:20:15 | 79/156 | 2/4 | VCAC |
| ITU World Duathlon Champs | R/B/R | 10K/40K/5K | John Gabriel | 28/09/2008 | MV50 | 02:36:14 | 520/621 | 29/46 M55-59 | |
| Cambridge Tri | S/B/R | 1500m/40K/10K | Terry Vine | 10/08/2008 | MV40 | 02:49:21 | 159/217 | | 2nd |
| Dambuster Standard Distance Tri | S/B/R | 1500m/40K/10K | Terry Vine | 21/06/2008 | MV40 | 02:50:02 | 338/441 | | 2nd |
| Bedford Classic Tri | S/B/R | 1.5K/42K/10K | Kevin Daly | 26/08/2008 | MV40 | 02:55:51 | 261/316 | | VCAC |
| Little Beaver Standard Distance Tri | S/B/R | 1500m/40K/10K | Terry Vine | 12/07/2008 | MV40 | 02:58:51 | 90/115 | | 2nd |
| Marlow Duathlon | R/B/R | 7K/25K/7K | Sharon Davidson | 30/03/2008 | Sen F | 03:00:48 | 140/142 | | Vegan |
| Prince Bishops Triathlon | S/B/R | 1500m/40K/10K | Jon Zigmond | 26/07/2008 | MV50 | 03:07:19 | 101/122 | 6/7 (+2 DNF) | 2nd |
| Rother Valley Standard Distance Tri | S/B/R | 1500m/40K/10K | Terry Vine | 01/06/2008 | MV40 | 03:13:33 | 127/147 | | 2nd |
| Cleveland Steelman Triathlon | S/B/R | 2000m/58M/10K | Jon Zigmond | 05/07/2008 | MV50 | 05:40:19 | 138/166 | 8/13 | 2nd |
| The Vitruvian | S/B/R | 1900m/85K/21K | Terry Vine | 07/09/2008 | MV40 | 06:16:42 | 612/700 | 118/129 | 2nd |

21 January 2009