

VC&AC Multisport Results (received Apr – Jun 07)

Event	Format	Distance		Date	time	Position
Mansfield Triathlon	S/B/R	400m/16K/5K	Steve Wigglesworth	17/06/200	00:49:55	16/450
Warwick Triathlon	S/B/R	400m/20K/5K	Steve Wigglesworth	15/04/200	00:57:39	1/250
Warwick Triathlon	S/B/R	400m/20K/5K	Steve Wigglesworth	15/04/200	00:57:39	1/250
Hatch End Triathlon	S/B/R	400m/17K/3K	Scott Baillie	20/05/200	00:59:24	34/163
Grantham Triathlon	S/B/R	400m/22K/5K	Steve Wigglesworth	10/06/200	00:59:39	3/160
Skipton Triathlon	S/B/R	400m/20K/5K	Steve Wigglesworth	29/04/200	01:05:12	22/400
Woodhall Spa Triathlon	S/B/R	400m/24K/5K	Steve Wigglesworth	27/05/200	01:06:06	10/450
Duston Triathlon	S/B/R	400m/20K/5K	Scott Baillie	22/04/200	01:13:44	141/276
Mansfield Sprint Triathlon	S/B/R	400m/20K/5K	Emma Smith	17/06/200	01:15:06	332/358
Hawridge Duathlon	R/B/R	5K/11K/5K	Scott Baillie	05/06/200	01:16:38	26/50
St Albans Triathlon	S/B/R	400m/20K/5K	Scott Baillie	10/06/200	01:16:47	82/206
Cheshire Sundog Sprint Tri	S/B/R	400m/20K/5K	Steve Coote	03/06/200	01:19:07	229/497
Skinfit Triathlon, Derby	S/B/R	500m/20K/5K	Steve Wigglesworth	13/05/200	01:22:02	5/100
Woodhall Sprint Triathlon	S/B/R	400m/25K/5K	Emma Smith	27/05/200	01:40:36	289/328
Hamsterley Forest Duathlon	R/B/R	5K/25K/5K	Jon Zigmond	06/05/200	01:43:45	50/69
Wetherby Triathlon	S/B/R	1500m/40K/10K	Jon Zigmond	20/05/200	02:36:57	64/108
Prince Bishops Triathlon	S/B/R	1500m/40K/10K	Jon Zigmond	29/07/200	02:52:42	69/115
Bala Mid Distance Tri	S/B/R	2K/79K/20K	Jon Zigmond	04/06/200	05:10:04	184/345
Cleveland Steelman Tri	S/B/R	2K/93K/20K	Jon Zigmond	07/07/200	05:33:36	70/105