

# VC&AC Athletics Results 2006-07

Event	Date		Age_cat	Time	Position	Category Pos	Vest
<b>Marathon</b>							
Abingdon Marathon	22/10/2006	Graham Tracey	Sen M	02:58:32	48/681		VCAC
Flora London Marathon	22/04/2007	Pete Benyon	Sen M	03:06:51	1305/35669	140th	VCAC
Amsterdam Marathon	15/10/2006	Nic Ford	Sen M	03:23:00			
Luton Marathon	03/12/2006	Manuel Sanchez		03:25:13	90th		2nd
Edinburgh Marathon	27/05/2007	Ade Gibbon	MV50	03:31:17	630/3586		VCAC
13th Halstead & Essex Marathon	13/05/2007	Manuel Sanchez	Sen M	03:32:59	81st		VCAC
Helsinki Marathon	18/08/2007	Manuel Corriente	Sen M	03:37:36	740/5411		VCAC
Flora London Marathon	22/04/2007	Robert Mottram Jones	MV40	03:41:02	5376/35669	635th	VCAC
Lochaber Marathon	22/04/2007	Daniel Parker	Sen M	03:47:59	185/483		1st
Neolithic Marathon	06/05/2007	David Palmer	MV40	03:48:22	38/167		VCAC
Flora London Marathon	22/04/2007	Ade Gibbon	MV50	03:49:32	6847/35669	414th	VCAC
South Downs Marathon	16/06/2007	John Morgan	Sen M	03:55:36	53rd	8th	
Cardiff Marathon	15/10/2006	David Palmer	MV40	03:56:04	616/1246		VCAC
Snowdonia Marathon	29/10/2006	David Palmer	MV40	04:07:15	442/1046		VCAC
Snowdonia Marathon	29/10/2006	Jon Zigmond	MV50	04:08:59	465/1046	16/52	VCAC
Anglesey Marathon	23/09/2007	Steve Coote	MV40	04:11:00	124/255		VCAC
Snowdonia Marathon	29/10/2006	Gert Cowling	FV60	04:23:51	649/1049	2nd	
Flora London Marathon	22/04/2007	Gert Cowling	FV60	04:40:59	18791/35669	34th	VCAC
Flora London Marathon	22/04/2007	Michael Birdseye	MV50	05:22:20	27823/35669	1519th	VCAC
<b>20M</b>							
South Cheshire 20	20/05/2007	Robert Mottram Jones	MV40	02:21:58	16th		VCAC
Bramley 20	25/02/2007	Ade Gibbon	MV50	02:38:07	329/726		VCAC
Gloucester 20	04/03/2007	David Palmer	MV40	02:58:02	376/511		VCAC
<b>Half Marathon</b>							
Great North West Half Marathon	25/02/2007	Graham Tracey	Sen M	01:21:41	36/1096		VCAC
4 Villages Half Marathon	21/01/2007	Graham Tracey	Sen M	01:23:10	80/1562		VCAC
Congleton Half Marathon	08/10/2006	Graham Tracey	Sen M	01:23:18	13/458		VCAC
St Neots Half Marathon	19/11/2006	Marcus Whelband	Sen M	01:23:19	32nd	17th	VCAC
Chester Half Marathon	20/05/2007	Graham Tracey	Sen M	01:23:36	39/1856		VCAC
Blackpool Half Marathon	03/06/2007	Graham Tracey	Sen M	01:23:43	16/1040		VCAC
Bedford Half Marathon	10/12/2006	Marcus Whelband	Sen M	01:24:35	71st		2nd
Macclesfield Half Marathon	01/10/2006	Graham Tracey	Sen M	01:24:41	25/581		VCAC
Reading Half Marathon	25/03/2007	John Morgan	Sen M	01:26:00	304/9877		Vegan
Uttoxeter Half Marathon	29/04/2007	Robert Mottram Jones	MV40	01:27:38	35th		VCAC
Potteries Half Marathon	10/06/2007	Robert Mottram Jones	MV40	01:29:59	51st		VCAC

Event	Date		Age_cat	Time	Position	Category Pos	Vest
Burnham Beeches Half Marathon	19/08/2007	Mick Rimmer	MV40	01:29:59	98/916		VCAC
Bracknell Half Marathon	29/04/2007	Manuel Sanchez	Sen M	01:32:13	63rd		VCAC
Milton Keynes NSPCC Half	22/07/2007	Keith Hammond	MV40	01:32:22	101/1179	25/243	VCAC
Milton Keynes Half Marathon	22/07/2007	Mick Rimmer	MV40	01:33:00	112/1179		VCAC
Shifnal Half Marathon	08/07/2007	Robert Mottram Jones	MV50	01:33:11			VCAC
Brandon Half Marathon	28/05/2007	Paul Horne	MV40	01:33:41	36/228	14th	VCAC
Milton Keynes Half Marathon	11/03/2007	Andrew Harper	MV40	01:34:13			
Watford Half Marathon	04/02/2007	Andrew Harper	MV40	01:34:42			
Tewkesbury Half Marathon	13/05/2007	Jim Cheseldine	MV40	01:35:23	138th	44th	VCAC
Wokingham Half Marathon	11/02/2007	Ade Gibbon	MV50	01:35:52	399/1679		VCAC
Milton Keynes Half Marathon	11/03/2007	Ade Gibbon	MV50	01:37:12	386/2039		VCAC
Nottingham Robin Hood Half	16/09/2007	Peter Simpson	MV40	01:37:20	526/6507	49/433	Vegan
Cardiff Half Marathon	15/10/2006	Peter Simpson	MV40	01:37:41	512th	35th	Vegan
Tour of Torfaen Half Marathon	22/10/2006	David Palmer	MV40	01:38:12	116/303		VCAC
Leeds Half Maraton	13/05/2007	Jon Zigmond	MV50	01:38:35	386/2962	15/76	VCAC
Wilmslow Half Marathon	25/03/2007	Jon Zigmond	MV50	01:39:40	750/3450	19/104	VCAC
Isle of Wight Half Marathon	19/08/2007	Jim Cheseldine	MV40	01:40:27	47th	14th	VCAC
Milton Keynes Half Marathon	22/07/2007	Kevin Daly	Sen M	01:40:28	220/1179		VCAC
Marlow Half Marathon	05/11/2006	Ade Gibbon	MV50	01:40:50	187/884		VCAC
Burnham Beeches Half Marathon	19/08/2007	David Palmer	MV40	01:41:35	275/916		VCAC
Amsterdam Half Marathon	15/10/2006	Mike Phillips	Sen M	01:45:11	2133/6988		VCAC
Reading Half Marathon	25/03/2007	Rod Paris	MV60	01:55:00	4857/9877	6th	VCAC
Tewkesbury Half Marathon	13/05/2007	Paula Inglis	FV40	01:55:19	579th	35th	1st
Leeds Half Marathon	13/05/2007	Ant Walker	Sen M	01:55:37	763/1011		VCAC
Nottingham Robin Hood Half	16/09/2007	Matt Harris	Sen M	01:57:00	2183/6305		1st
Brass Monkey Half Marathon	21/01/2007	Ant Walker	Sen M	01:57:45	763/1011		VCAC
Jersey Half Marathon	19/11/2006	Rod Paris	MV60	01:59:00	154th	13th	VCAC
Alderney Half Marathon	08/09/2007	Rod Paris	MV60	02:04:00	16/21	1st	VCAC
Brass Monkey Half Marathon	21/01/2007	Emma Smith	Sen F	02:06:41	872/1011	61/77	VCAC
Bath Half Marathon	25/03/2007	Iain Clark	Sen M	02:07:38	5705th		
Wokingham Half Marathon	11/02/2007	Michael Birdseye	MV50	02:10:00			

## 10M

Preston 10	19/11/2006	Graham Tracey	Sen M	01:01:20	42/476		VCAC
St Annes 10	04/03/2007	Graham Tracey	Sen M	01:03:02	27/341		VCAC
Sale 10	05/08/2007	Graham Tracey	Sen M	01:03:16	46/267		VCAC
Stockport 10	10/12/2006	Graham Tracey	Sen M	01:03:30	46/610		VCAC
Trentham 10	22/07/2007	Robert Mottram Jones	MV50	01:05:40	28th		VCAC
St Albans 10	21/01/2007	Manuel Corriente	Sen M	01:06:24	97/770		VCAC
Bramley 10	29/04/2007	Manuel Corriente	Sen M	01:08:03	59/483		VCAC
Leighton Buzzard 10	23/09/2007	Keith Hammond	MV40	01:08:32	65/265	25/74	VCAC
Bramley 10	25/02/2007	Peter Simpson	MV40	01:08:50	62/483	16/75	Vegan

Event	Date		Age_cat	Time	Position	Category Pos	Vest
Beccles 10	17/12/2006	Paul Horne	MV40	01:09:30			VCAC
Washingborough Ducks and Drakes	14/10/2006	Paul Elliott	Sen M	01:09:33	15/104	8th	1st
Hadleigh 10	26/11/2006	Paul Horne	MV40	01:10:51	92/357		VCAC
Christmas Pudding Run (West Mids)	26/12/2006	Peter Simpson	MV40	01:11:54	170/715		Vegan
Sowmarket Joe Cox 10	25/03/2007	Paul Horne	MV40	01:12:47	58th	16th	VCAC
Chedwort Roman 10	01/04/2007	Jim Cheseldine	MV40	01:21:40	128th		VCAC
Clocester 10	08/01/2007	Jim Cheseldine	MV40	01:24:00	173rd		VCAC
Snake Lane 10	25/02/2007	Emma Smith	Sen F	01:32:43	577/667	44/57	VCAC
Folkestone 10	06/04/2007	John Munson	MV70	01:41:00	438/513	4/6	VCAC
Chedworth 10	01/04/2007	Paula Inglis	FV40	01:41:24	180th		

## 10K

Severn Bridges 10K	01/10/2006	John Morris	MV40		11th		VCAC
Salford 10K	06/04/2007	Graham Tracey	Sen M	00:37:02	92/557		VCAC
City of Lincoln 10K	25/03/2007	Paul Elliott	Sen M	00:37:21	51/3263	40th	1st
Askern & District 10K	16/05/2007	Steve Wigglesworth	MV40	00:38:15	58/466	17/80	VCAC
Bolton 10K	22/04/2007	Paul Elliott	Sen M	00:38:29	32nd	16th	1st
Eastern Vets 10K, Comberton	01/07/2007	Max D'Ayala	MV40	00:38:30	4/44	2nd	2nd
Abbey Dash (Leeds)	26/11/2006	Steve Wigglesworth	Sen M	00:38:41			VCAC
Woburn 10K	08/10/2006	Marcus Whelband	Sen M	00:39:19	20th	16th	1st
St Michael's 10K (Stone)	01/07/2007	Robert Mottram Jones	MV50	00:39:20	36th		VCAC
Offerton 10K	04/07/2007	Graham Tracey	Sen M	00:39:40	12/143		VCAC
Clayton Batehouse 10K	02/05/2007	Robert Mottram Jones	MV40	00:39:53	31st		VCAC
City of York AC 10K	23/06/2007	Steve Wigglesworth	MV40	00:39:57	21/360	7/50	VCAC
Beacon 10K	02/09/2007	Jim Cheseldine	MV40	00:40:28	41st	6th	VCAC
Burnden 10K	08/07/2007	Graham Tracey	Sen M	00:40:35	23/103		VCAC
Berryhill 10K	07/08/2007	Robert Mottram Jones	MV50	00:41:04	26th		VCAC
Bearbrook 10K	12/08/2007	Keith Hammond	MV40	00:41:10	65/241	24/88	VCAC
Cannon Hill Park 10K	30/09/2007	Peter Simpson	MV40	00:41:32	29/140		Vegan
Clapham Common 10K Series	12/08/2007	Peter Simpson	MV40	00:42:04	64th		Vegan
Silverstone 10K	08/05/2007	Peter Simpson	MV40	00:42:06	209/924	29/86	Vegan
Manches Moor Park 10K	30/09/2007	Manuel Corriente	Sen M	00:42:12	32/551		1st
Run London 10K (Hyde Park)	08/10/2006	Max Hunt	MV40	00:42:25			1st
Rainforest Foundation (London)	29/10/2006	Peter Simpson	MV40	00:42:46	93/970	6/115	Vegan
Eas 10k, Castle Combe	04/03/2007	Jim Cheseldine	MV40	00:42:58	20th	5th	VCAC
Penistone Show 10K	08/09/2007	Keith Hammond	MV40	00:43:31	54/262	18/63	VCAC
Tree Trot	08/09/2007	Jim Cheseldine	MV40	00:43:41	29th	8th	VCAC
Flitwick 10K	15/04/2007	Peter Simpson	MV40	00:43:44	135/788		Vegan
Salford 10K	06/04/2007	Steve Coote	MV40	00:44:16	248/557	36/56	VCAC
Woodhall Spa 10K	03/06/2007	Paul Elliott	Sen M	00:44:16	104th		1st
Princes Risborough 10K	08/07/2007	Peter Simpson	MV40	00:45:22	78/220		Vegan
Milton Keynes 10K	03/07/2007	Peter Simpson	MV40	00:45:46	179/337	22/31	Vegan

Event	Date		Age_cat	Time	Position	Category Pos	Vest
Milton Keynes 10K	03/07/2007	Peter Simpson	MV40	00:45:47	179/337	22/31	Vegan
Arkendale 10K	01/04/2007	Jon Zigmond	MV50	00:46:36	100/348	17/42	VCAC
Hereford New Year 10K	01/01/2007	Jim Cheseldine	MV40	00:46:50	114th	20th	VCAC
Sorbrook 10K	13/05/2007	David Palmer	MV40	00:47:22	35/76		VCAC
Derby DBS 10K	29/04/2007	Matt Harris	Sen M	00:47:27	539/2165	282/732	1st
Thame 10K	24/06/2007	Scott Baillie	MV40	00:49:40	367/703	109/174	VCAC
Dewsbury 10K	04/02/2007	Ant Walker	Sen M	00:49:54	663/1060		VCAC
Ashton on Trent 10K	20/05/2007	Matt Harris	Sen M	00:49:54	72/160		1st
Woburn 10K	04/03/2007	Scott Baillie	MV40	00:49:58	399/1303	66/123	VCAC
Guernsey 10K	06/04/2007	Rod Paris	MV60	00:51:00	141/207	7th	VCAC
Bicester Andy Reading 10K	10/12/2006	Rod Paris	MV60	00:51:00			VCAC
Headington 10K	02/08/2007	Rod Paris	MV60	00:51:15	203/326	13/25	VCAC
Greetland 10K	04/07/2007	Ant Walker	Sen M	00:51:29	138/203		VCAC
Dewsbury 10K	04/02/2007	Rose Wigglesworth	Sen F	00:51:33			
Thame 10K	24/06/2007	Rod Paris	MV60	00:52:00			VCAC
Rothwell 10K	29/04/2007	Ant Walker	Sen M	00:52:40	555/726		VCAC
Princes Risborough	08/07/2007	Rod Paris	MV60	00:53:00			VCAC
Kirkstall Abbey 10K	01/10/2006	Ant Walker	Sen M	00:53:00	250/370		VCAC
Wetherby 10K	09/09/2007	Ant Walker	Sen M	00:54:06			VCAC
Dewsbury 10K	04/02/2007	Emma Smith	Sen F	00:54:21	799/1060		VCAC
Huddersfield 10K	25/02/2007	Ant Walker	Sen M	00:55:20	330/494		VCAC
Barnsley 10K	07/01/2007	Rose Wigglesworth	Sen F	00:55:28			
Meltham 10K	28/01/2007	Ant Walker	Sen M	00:56:20	157/215		VCAC
St Clare Hospice 10K	01/04/2007	Barry Clark	MV60	00:56:58			
St Clare Hospice 10K	01/04/2007	Carol Clark	FV60	00:56:58			
Woodhall Spa 10K	03/06/2007	Terry Vine	Sen M	00:58:47			VCAC
Ashford 10K	18/02/2007	John Munson	MV70	00:58:54	396/498		VCAC
Rothwell 10K	29/04/2007	Emma Smith	Sen F	01:00:24	675/726		VCAC
Sevenoaks 10K	25/03/2007	John Munson	MV70	01:03:00			VCAC

## 5M

Frostbite League, Bourne Woods	04/02/2007	Max D'Ayala	MV40	00:29:24	21/368		2nd
Eastern Vets 5M, Reach	03/06/2007	Max D'Ayala	MV40	00:30:21	7/59	3rd	2nd
Horwich Jubilee 5M (Race 2)	20/06/2007	Graham Tracey	Sen M	00:30:32			VCAC
Horwich Jubilee 5M (Race 1)	16/05/2007	Graham Tracey	Sen M	00:30:48			VCAC
Horwich Jubilee Race 3	18/07/2007	Graham Tracey	Sen M	00:30:51	42/191		VCAC
Midsummer 5	20/06/2007	John Morgan	Sen M	00:31:01	30th		Vegan
Staffs Knot 5	08/08/2007	Robert Mottram Jones	MV50	00:31:30	35th		VCAC
Horwich Jubilee Race 4	15/08/2007	Graham Tracey	Sen M	00:31:36	45/146		VCAC
Westbridge 5	03/06/2007	Robert Mottram Jones	MV40	00:32:19	37th		VCAC
Boston 5	12/11/2006	Steve Wigglesworth	Sen M	00:32:26			VCAC
Cranfield 5	06/07/2007	Keith Hammond	MV40	00:33:11	63/323	21/75	VCAC

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Linslade - Stoke Hammond 5	09/09/2007	Peter Simpson	MV40	00:33:13	37/240		Vegan
Wolverton 5	25/11/2006	Peter Simpson	MV40	00:33:57	122/288	22/51	Vegan
Marlow 5	13/05/2007	Ade Gibbon	MV50	00:33:59	121/1335		VCAC
Draycote Water 5	18/03/2007	Peter Simpson	MV40	00:34:34	47/159		Vegan
Festive Five (Wythenshawe)	31/12/2006	Steve Coote	MV40	00:34:47	138/361	17/29	VCAC
Wellingborough 5	05/08/2007	Peter Simpson	MV40	00:35:17			Vegan
Old Father Time 5 (Llandaff)	31/12/2006	Judith Oakley	FV40	00:37:32	121/192		Vegan
Glyneath Boxing Day 5	26/12/2006	Judith Oakley	FV40	00:37:45	151/266		Vegan
Long Eaton 5	10/06/2007	Matt Harris	Sen M	00:38:04	157/352	46/83	1st
Marlow 5	13/05/2007	Steven Boswell	Sen M	00:38:19	310th		VCAC
Wendover Woods 5	14/01/2007	Scott Baillie	MV40	00:42:39	129/297		VCAC
Victory 5	03/12/2006	Paula Inglis	FV40	00:45:27	598th		1st
Darrington 5	23/06/2007	Emma Smith	Sen F	00:46:30			VCAC

## 5K

Horwich Carnival 5K	24/06/2007	Graham Tracey	Sen M	00:18:06			VCAC
Lincoln Wellington 5K Race 3	25/07/2007	Paul Elliott	Sen M	00:18:12	13th	4th	VCAC
Lincoln Wellington 5K Series, Race 2	27/06/2007	Paul Elliott	Sen M	00:18:18	15th	5th	VCAC
Lincoln Wellington 5K Series, Race 1	23/05/2007	Paul Elliott	Sen M	00:18:27	22nd	8th	VCAC
White Horse 5K	19/07/2007	Jim Cheseldine	MV40	00:18:44	50th	7th	VCAC
Marston Vale Forest Centre 5K	22/06/2007	Keith Hammond	MV40	00:20:15	56/328	16/71	VCAC
Marston Forest 5K	22/06/2007	Daniel Parker	Sen M	00:20:36	65/305		1st
Lacey Green Fun Run	29/04/2007	Steven Boswell	Sen M	00:22:47	28/95		VCAC
Calderdale 5K	20/05/2007	Ant Walker	Sen M	00:25:23	61/133		VCAC

## Walk

Smugglers Trod 26M	25/08/2007	Steve Coote	MV40	06:50:00			VCAC
Caerphilly Summits Challenge	07/07/2007	David Palmer	MV40	07:27:00	71/240		1st

## Other

Centurion Running Club 2K	01/04/2007	Ged Hickman	MV50	00:10:39			
Centurion Running Club 2K	04/03/2007	Ged Hickman	MV50	00:11:30			
Penkridge Fun Run (2.36M)	24/06/2007	Robert Mottram Jones	MV50	00:13:52	3rd		VCAC
Cheadle 4	15/07/2007	Robert Mottram Jones	MV50	00:25:11	27th		VCAC
Doncaster Race for Life (Approx. 5K)	24/06/2007	Emma Smith	Sen F	00:25:23			VCAC
Gloucester Grocery 4	17/03/2007	Jim Cheseldine	MV40	00:25:45			VCAC
Oxford (Mota-vation Series) 4	30/08/2007	Peter Simpson	MV40	00:26:30	98/252		Vegan
Wolds Dash Series, Race 1, 7117m	16/05/2007	Paul Elliott	Sen M	00:27:04	8th	5th	VCAC
Arlinghna 4.5	27/08/2007	Jim Cheseldine	MV40	00:28:20	12th		VCAC
Prince of Wales 4 (Kenfig)	01/01/2007	Judith Oakley	FV40	00:30:38		1st	Vegan
V San Silvestre de la Salud(7.7K)	30/12/2006	Manuel Sanchez		00:31:43	149th		1st
Lostock 6	25/02/2007	Paul Elliott	Sen M	00:37:33	48/432	26th	VCAC

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Stowmarket 7	12/11/2006	Paul Horne	MV40	00:48:36			VCAC
Penn 7	17/06/2007	Ade Gibbon	MV50	00:51:50	53/300		VCAC
Cwmcarn Scenic 7 (Newport)	18/07/2007	David Palmer	MV40	00:54:08	53/140		VCAC
Through the Villages (8.5miles Chorley)	05/11/2006	Graham Tracey	Sen M	00:55:32	54/335		VCAC
MABAC 8 (Great Windsor Park)	07/01/2007	Judith Oakley	FV40	01:02:00			Vegan
Luton Marathon Relay (8.6M)	03/12/2006	Ade Gibbon	MV50	01:02:17	77th		VCAC
Luton Marathon Relay (8.7M)	03/12/2006	Peter Simpson	MV40	01:03:07	46th	11th	Vegan
Luton Marathon Relay (8.6M)	03/12/2006	Andy Harper	MV40	01:06:04	46th	11th	
Luton Marathon Relay (8.7M)	03/12/2006	Steve Coote	MV40	01:07:26	46th	11th	
Luton Marathon Relay (8.7M)	03/12/2006	Rod Paris	MV60	01:16:00	77th		VCAC
Luton Marathon Relay (8.7M)	03/12/2006	Sharon Davidson	Sen F	01:17:53	77th		
Norton 9	04/03/2007	Rose Wigglesworth	Sen F	01:26:11			
Norton 9	04/03/2007	Emma Smith	Sen F	01:28:35	415/440		VCAC
Coniston 14	24/03/2007	Graham Tracey	Sen M	01:31:56	67/1359		VCAC
Folksworth 15	21/01/2007	Terry Vine	Sen M	02:27:10	374/422		1st
Stevenage 18.5	22/07/2007	Manuel Corriente	Sen M	02:50:00	8/65		VCAC
Stamford 30K	11/02/2007	Terry Vine	Sen M	03:09:51	501/560		1st
Dartmoor Discovery Ultra (32.4miles)	02/06/2007	David Palmer	MV40	05:25:10	90/160		VCAC
Connemara Ultra (39.3miles)	01/04/2007	David Palmer	MV40	06:52:11	56/86		1st
High Peak Challenge (Burton) 40miles	15/09/2007	David Palmer	MV40	07:54:47	47/121		VCAC

## Multi Terrain

Branston Dash 3.5	13/07/2007	Paul Elliott	Sen M	00:25:11	3rd	2nd	VCAC
Watford Multi Terrain (5M)	12/11/2006	Peter Simpson	MV40	00:36:46	18/202	7th	Vegan
Wendover Hill Woods 5	14/01/2007	Peter Simpson	MV40	00:37:17	42/297		Vegan
Wolds Dash 4 (10186m)	08/08/2007	Paul Elliott	Sen M	00:38:44	2nd	1st	1st
Barbury Castle Track & Trail 5	06/06/2007	Mike Berry	Sen M	00:39:12	27/161	8th	1st
Wellingborough MT Series (10K)	11/02/2007	Peter Simpson	MV40	00:44:12	30/130		Vegan
Wolds Dash 3 (11866m)	18/07/2007	Paul Elliott	Sen M	00:45:31	5th	3rd	1st
The Lumpy Bumpy	15/07/2007	Mike Berry	Sen M	01:15:26	22/208		VCAC
Dunstable Downs 10	16/09/2007	Andy Harper	MV40	01:16:05	3/26		VCAC
May Hill Massacre (8M)	21/01/2007	Jim Cheseldine	MV40	01:18:36	126th		VCAC
Harewood 10M Trail Race	08/10/2006	Jon Zigmond	MV50	01:20:18	194/532	41/97	VCAC
Bronte Way Fell Run (8 miles)	08/10/2006	Ant Walker	Sen M	01:29:28	161/188		VCAC
Heritage Coast 14 (Thorpeness)	05/05/2007	Paul Horne	MV40	01:37:54			VCAC
Offa's Oror, (Tintrem offroad) 20K	29/04/2007	David Palmer	MV40	01:46:53	71/240		VCAC
Orion 15 MT, Epping Forest	24/03/2007	Peter Simpson	MV40	02:03:23	106/230		Vegan
Marlborough Downs Challenge	19/05/2007	John Morgan	Sen M	05:27:33	36th		

## Cross Country

W Galmorgan League, Gnoll Park	04/02/2007	Judith Oakley	FV40	00:20:25		2nd	VCAC
Lakenheath Charity 5	28/01/2007	Max D'Ayala	MV40	00:34:28	7/121	2nd	VCAC

<b>Event</b>	<b>Date</b>		<b>Age_cat</b>	<b>Time</b>	<b>Position</b>	<b>Category Pos</b>	<b>Vest</b>
Vets AC XC Champs, Wimbledon	20/01/2007	Peter Simpson	MV40	00:39:45	14/38	4th	Vegan
Vets AC XC (Wimbledon 5.5M)	23/12/2006	Peter Simpson	MV40	00:39:52	12/34		Vegan
SEAA Masters XC, Ruislip (10K)	03/02/2007	Peter Simpson	MV40	00:43:49	117/139	58/75	Vegan
Thames Valley League, Bramshill	28/01/2007	Judith Oakley	FV40	00:45:46		15th	VCAC
Herberts Hole XC (10.5K)	19/11/2006	Ade Gibbon	MV50	00:51:25	87/270		VCAC
English Senior XC Champs (12K)	10/03/2007	Peter Simpson	MV40	00:56:29	760/916		Vegan
Bucks/Beds Mens XC Champs (12K)	06/01/2007	Peter Simpson	MV40	00:57:04	83/120		Vegan
Witterings Coastal 10M XC	01/10/2006	Dave Arnold	MV40	01:01:40			Vegan
SEAA Senior Champs (15K)	27/01/2007	Peter Simpson	MV40	01:06:49	410/553		Vegan