

VC&AC Athletics Results 2006

Event	Date		Age_cat	Time	Position	Category	Vest
Marathon							
London Marathon	23/04/2006	Fiona Oakes	Sen F	02:51:38	616th	22nd	Vegan
Abingdon Marathon	22/10/2006	Graham Tracey	Sen M	02:58:32	48/681		VCAC
London Marathon	23/04/2006	John Morris	MV40	03:07:04			VCAC
London Marathon	23/04/2006	Marcus Whelband	Sen M	03:08:03	1863rd	1724th	VCAC
London Marathon	23/04/2006	Graham Tracey	Sen M	03:08:51	1937th	1789th	VCAC
Wolverhampton Marathon	03/09/2006	Robert Mottram Jones	MV40	03:14:26	21/218		VCAC
London Marathon	23/04/2006	Dave Arnold	MV40	03:16:55	2865th	2615th	2nd
Amsterdam Marathon	15/10/2006	Nic Ford	Sen M	03:23:00			
Luton Marathon	03/12/2006	Manuel Sanchez		03:25:13	90th		2nd
Berlin Marathon	24/09/2006	Marcus Whelband	Sen M	03:26:06			1st
Shakespeare Marathon	07/05/2006	David Palmer	MV40	03:38:49	210/701		VCAC
Edinburgh Marathon	11/06/2006	Ade Gibbon	MV50	03:39:18	680/4090		VCAC
Cardiff Marathon	15/09/2006	Ade Gibbon	MV50	03:39:27	394/1275		VCAC
London Marathon	23/04/2006	David Palmer	MV40	03:41:28	6905th	5917th	VCAC
London Marathon	23/04/2006	Gert Cowling	FV60	04:03:17	12551st	2231st	VCAC
Snowdonia Marathon	29/10/2006	Jon Zimmond	MV50	04:08:59	465/1046	16/52	VCAC
Snowdonia Marathon	29/10/2006	Gert Cowling	FV60	04:23:51	649/1049	2nd	
Copenhagen Marathon	21/05/2006	Jens Kieffer-Olsen	MV50	04:24:00		145/206	
London Marathon	23/04/2006	Sid Molyneux	MV60	04:27:13	18562nd	14649th	2nd
London Marathon	23/04/2006	Sharon Davidson	Sen F	04:30:03	19311st	4170th	VCAC
London Marathon	23/04/2006	Jenny Green	FV40	04:33:17	20080th	4440th	VCAC
London Marathon	23/04/2006	Trevor Chanter	MV40	04:41:10	21924th	16855th	VCAC
20M							
South Cheshire 20	21/05/2006	Graham Tracey	Sen M	02:14:07	14/112		VCAC
Ashby 20	19/03/2006	Marcus Whelband	Sen M	02:20:06	84th		1st
Rhayader 20	19/03/2006	John Morris	MV40	02:32:30			VCAC
Gloucester 20	05/03/2006	David Palmer	MV40	02:48:06	316/587		VCAC
Half Marathon							
Milton Keynes Half Marathon	12/03/2006	Marcus Whelband	Sen M	01:23:07	71st	50th	1st
Congleton Half Marathon	08/10/2006	Graham Tracey	Sen M	01:23:18	13/458		VCAC
St Neots Half Marathon	19/11/2006	Marcus Whelband	Sen M	01:23:19	32nd	17th	VCAC
Wilmslow Half Marathon	19/03/2006	Graham Tracey	Sen M	01:23:26	126/3370		VCAC
Blackpool Half Marathon	04/06/2006	Graham Tracey	Sen M	01:23:53	23/1364		VCAC
Bedford Half Marathon	10/12/2006	Marcus Whelband	Sen M	01:24:35	71st		2nd
Macclesfield Half Marathon	01/10/2006	Graham Tracey	Sen M	01:24:41	25/581		VCAC

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Half Marathon							
Four Villages Half Marathon	22/01/2006	Graham Tracey	Sen M	01:24:48			VCAC
Great North West Half Marathon	26/02/2006	Graham Tracey	Sen M	01:25:00			VCAC
Swinton Half Marathon	24/09/2006	Graham Tracey	Sen M	01:25:39	28/240		VCAC
Watford 1/2 Marathon	05/02/2006	Marcus Whelband	Sen M	01:26:00			1st
Reading Half Marathon	09/04/2006	John Morgan	Sen M	01:26:15	287/8842		
Helsby Half	29/01/2006	John Morris	MV40	01:26:30			VCAC
Lake Vrynwy Half	10/09/2006	John Morris	MV40	01:28:30	95/1100		VCAC
Wolverhampton Half Marathon	03/09/2006	John Morris	MV40	01:31:30	48/1043		VCAC
Wrexham Half	26/02/2006	John Morris	MV40	01:32:30			VCAC
Stafford Half	19/03/2006	Robert Mottram Jones	MV40	01:32:30			VCAC
Milton Keynes HM	12/03/2006	Peter Simpson	MV40	01:34:10			Vegan
Milton Keynes Half Marathon	12/03/2006	Ade Gibbon	MV50	01:35:57	379/1818		VCAC
Burnham Beeches Half	20/08/2006	Ade Gibbon	MV50	01:37:18			VCAC
Cardiff Half Marathon	15/10/2006	Peter Simpson	MV40	01:37:41	512th	35th	Vegan
Shifnal Steeplechase Half	02/07/2006	Robert Mottram Jones	MV40	01:37:53	18/160		VCAC
Potteries Half Marathon	11/06/2006	Robert Mottram Jones	MV40	01:37:55	65/818		VCAC
Wycombe Half Marathon	06/07/2006	Ade Gibbon	MV50	01:38:15	163/938		2nd
Selby Half Marathon	24/09/2006	Jon Zigmond	MV50	01:39:29	160/447	10/26	VCAC
Potteries Half Marathon	11/06/2006	John Morris	MV40	01:39:30	74/819		VCAC
Canterbury Half	28/05/2006	Andy Harper	MV40	01:39:46	78/517		VCAC
Marlow Half Marathon	05/11/2006	Ade Gibbon	MV50	01:40:50	187/884		VCAC
Leeds Half Marathon	07/04/2006	Jon Zigmond	MV50	01:41:25	569/2908	23rd	VCAC
Swinton Half Marathon	24/09/2006	Steve Coote	MV40	01:42:22	110/240		VCAC
Wilmslow Half Marathon	19/03/2006	Jon Zigmond	MV50	01:44:04	1024/3370	81 / 261	VCAC
Amsterdam Half Marathon	15/10/2006	Mike Phillips	Sen M	01:45:11	2133/6988		VCAC
Hogweed Hilly Half	19/03/2006	David Palmer	MV40	01:45:48	75 / 182		VCAC
Wycombe Half Marathon	09/07/2006	Sharon Davidson	Sen F	01:49:40	397/937	47/240	VCAC
Leeds Half Marathon	07/05/2006	Ant Walker	Sen M	01:51:19	1255th		VCAC
Canterbury Half	28/05/2006	Mike Phillips	Sen M	01:54:40	247/517		VCAC
Dunfermline Half	21/05/2006	Sharon Davidson	Sen F	01:54:53	523/814	75/205	VCAC
Jersey Half Marathon	19/11/2006	Rod Paris	MV60	01:59:00	154th	13th	VCAC
Shakespeare Half Marathon	07/05/2006	Mike Birdseye	MV50	02:07:00			
Mablethorpe Half	10/09/2006	Emma Smith	Sen F	02:28:11	230/263		VCAC
Tunbridge Wells Half Marathon	26/02/2006	Mike Whawell	MV60	02:40:00			VCAC
10M							
Preston 10	19/11/2006	Graham Tracey	Sen M	01:01:20	42/476		VCAC
Sale 10	06/08/2006	Graham Tracey	Sen M	01:02:20	51/380		VCAC
Stockport 10	10/12/2006	Graham Tracey	Sen M	01:03:30	46/610		VCAC
St Annes 10	05/03/2006	Graham Tracey	Sen M	01:03:38			VCAC

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10M							
Lincolnshire Wolds Tough 10	09/09/2006	Paul Elliott	Sen M	01:05:14	9/122	4th	1st
Bramley 10	19/02/2006	John Morgan	Sen M	01:05:33		30th	Vegan
Knighton 10M	30/04/2006	Robert Mottram Jones	MV40	01:06:12	3rd		VCAC
Trentham 10	23/07/2006	Robert Mottram Jones	MV40	01:07:01	38/276		VCAC
Stowmarket	26/03/2006	Peter Simpson	MV40	01:09:16	31/149		Vegan
Beccles 10	17/12/2006	Paul Horne	MV40	01:09:30			VCAC
Washingborough Ducks and Drakes	14/10/2006	Paul Elliott	Sen M	01:09:33	15/104	8th	1st
Bramley 10	19/02/2006	Peter Simpson	MV40	01:09:51			Vegan
Hadleigh 10	26/11/2006	Paul Horne	MV40	01:10:51	92/357		VCAC
Christmas Pudding Run (West Mids)	26/12/2006	Peter Simpson	MV40	01:11:54	170/715		Vegan
Stowmarket Joe Cox 10	26/03/2006	Paul Horne	MV40	01:13:22	52/149		VCAC
Folkestone 10	14/04/2006	Peter Simpson	MV40	01:14:22			Vegan
Maidenhead 10	14/04/2006	Mike Birdseye	MV50	01:37:00			

10K							
Severn Bridges 10K	01/10/2006	John Morris	MV40			11th	VCAC
Air Products 10K Crewe	23/04/2006	Peter Benyon	Sen M	00:33:31	3rd		VCAC
Air Products 10K Crewe	16/04/2006	Suzanne Benyon	Sen F	00:36:16	1st		VCAC
Traffoed 10K	10/09/2006	Graham Tracey	Sen M	00:37:06	59/395		VCAC
City of Manchester 10K	25/06/2006	Graham Tracey	Sen M	00:38:18	40/1352		VCAC
Abbey Dash (Leeds)	26/11/2006	Steve Wigglesworth	Sen M	00:38:41			VCAC
Woburn 10K	08/10/2006	Marcus Whelband	Sen M	00:39:19	20th	16th	1st
St Michaels School 10K	25/06/2006	Robert Mottram Jones	MV40	00:39:20	22/222		VCAC
SIS Woburn 10K	19/02/2006	Marcus Whelband	Sen M	00:39:22	33rd		1st
Askem 10K	17/05/2006	Steve Wigglesworth	MV40	00:39:40			VCAC
Wakefield 10K	09/04/2006	Steve Wigglesworth	MV40	00:40:23		17th	VCAC
Burden 10K	09/07/2006	Graham Tracey	Sen M	00:40:52	32/143		VCAC
Silverstone 10K	02/05/2006	Andy Harper	MV40	00:41:03	172/1011	37/168	VCAC
Berryhill 10K	01/08/2006	Robert Mottram Jones	MV40	00:41:19	24/155		VCAC
Clayton Gatehouse 10K	03/05/2006	Robert Mottram Jones	MV40	00:41:25	44th		VCAC
Clapham Common Series	19/03/2006	Peter Simpson	MV40	00:41:25			Vegan
Melbourne 10K	17/06/2006	Steve Wigglesworth	MV40	00:41:28			VCAC
Milton Keynes 10K	04/07/2006	Peter Simpson	MV40	00:41:48	80/224	18th	Vegan
Milton Keynes 10K	04/07/2006	Andy Harper	MV40	00:41:55	83/224	21st	VCAC
Silverstone 10K	02/05/2006	Ade Gibbon	MV50	00:42:25	233/1011	13/73	VCAC
Run London 10K (Hyde Park)	08/10/2006	Max Hunt	MV40	00:42:25			1st
Princes Risborough 10K	02/07/2006	Peter Simpson	MV40	00:42:32	25/155	9th	Vegan
Rainforest Foundation (London)	29/10/2006	Peter Simpson	MV40	00:42:46	93/970	6/115	Vegan
Hyde Park 10K	01/01/2006	Peter Simpson	MV40	00:43:22	104th	10th	Vegan
Bearbrook 10K	13/08/2006	Ade Gibbon	MV50	00:43:22	128/437		2nd

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10K							
Dedham 10K	24/09/2006	Paul Horne	MV40	00:43:57			VCAC
Framlingham 10K	03/09/2006	Paul Horne	MV40	00:44:03	55/239		VCAC
Sutton Six 10K	24/09/2006	Peter Simpson	MV40	00:44:10	110/275	13th	Vegan
Bolton 10K	23/04/2006	Steve Coote	MV40	00:44:50	101/546	18/42	VCAC
Weedon 10K	06/06/2006	Peter Simpson	MV40	00:44:56	123/313	20/42	Vegan
Kirbymoorside 10K	30/04/2006	Jon Zigmond	MV50	00:46:06	122/414	15/46	VCAC
Wetherby 10K	17/09/2006	Jon Zigmond	MV50	00:47:57	75/202	13/26	VCAC
Swansea Bay 10K	24/09/2006	Barry Weston		00:48:50			1st
Benson Bun Run	09/04/2006	Sharon Davidson	Sen F	00:49:29	122/284	24/116	VCAC
Headington 10K	03/09/2006	Sharon Davidson	Sen F	00:49:35	167/320	29/101	Vegan
Pride 10K	19/08/2006	Muhayman Jamil	MV40	00:49:37			2nd
Silverstone 10K	02/05/2006	Bob Simpson	MV40	00:50:13	608/1011	63/84	VCAC
Bicester Andy Reading 10K	10/12/2006	Rod Paris	MV60	00:51:00			VCAC
Milton Keynes 10K	04/07/2006	Bob Simpson	MV40	00:51:01	187/224	37th	VCAC
Wakefield 10K	09/04/2006	Ant Walker	Sen M	00:52:22	653/1121	258/348	VCAC
Kirkstall Abbey 10K	01/10/2006	Ant Walker	Sen M	00:52:47			VCAC
Kirkstall Abbey 10K	01/10/2006	Ant Walker	Sen M	00:53:00	250/370		VCAC
Rothwell 10K	30/04/2006	Ant Walker	Sen M	00:53:01	545/708	137/152	VCAC
Milton Keynes 10K	04/07/2006	Michelle Gander	Sen F	00:53:37	65/97	13th	2nd
Headlington 10K	03/09/2006	Rod Paris	MV60	00:55:00			VCAC
Princes Risborough	02/07/2006	Sharon Davidson	Sen F	00:55:17		26/76	VCAC
Wakefield 10K	09/04/2006	Emma Smith	Sen F	00:55:25		75/172	VCAC
Rothwell 10K	30/04/2006	Emma Smith	Sen F	00:56:17		42/62	VCAC
Askern 10K	17/05/2006	Emma Smith	Sen F	00:57:07	374/421		VCAC
Wheldrake 10K	17/06/2006	Emma Smith	Sen F	00:57:11		34/55	VCAC
Humber Bridge 10K	04/06/2006	Emma Smith	Sen F	00:57:26		73/115	VCAC
Dewsbury 10K	05/02/2006	Emma Smith	Sen F	00:57:28	819/955		VCAC
Huddersfield 10K	26/02/2006	Ant Walker	Sen M	00:58:19	399/494		VCAC
Harrogate 10K	30/07/2006	Emma Smith	Sen F	00:59:05	341/431		VCAC
Armthorpe 10K	29/08/2006	Emma Smith	Sen F	01:01:15			VCAC

5M

Bossingham Bash 5	12/08/2006	Paul Elliott	Sen M	00:30:00	12th		1st
Horwich Jubilee 5	14/06/2006	Graham Tracey	Sen M	00:30:39			VCAC
Staffs Knot 5	09/08/2006	Robert Mottram Jones	MV40	00:31:42	47/391		VCAC
Boston 5	12/11/2006	Steve Wigglesworth	Sen M	00:32:26			VCAC
Market Harborough 5	20/06/2006	Peter Simpson	MV40	00:33:34	97/310	14/33	Vegan
Westbridge 5	04/06/2006	Robert Mottram Jones	MV40	00:33:36	37/219		VCAC
Marlow 5	07/05/2006	Ade Gibbon	MV50	00:33:51	98/1263		VCAC
Banbury 5	13/06/2006	Peter Simpson	MV40	00:33:53	113/302	17/34	Vegan

Event	Date		Age_cat	Time	Position	Category	Vest
5M							
Wolverton 5	25/11/2006	Peter Simpson	MV40	00:33:57	122/288	22/51	Vegan
Wellingborough 5	06/08/2006	Peter Simpson	MV40	00:34:05			Vegan
Festive Five (Wythenshawe)	31/12/2006	Steve Coote	MV40	00:34:47	138/361	17/29	VCAC
Old Father Time 5 (Llandaff)	31/12/2006	Judith Oakley	FV40	00:37:32	121/192		Vegan
Glynneath Boxing Day 5	26/12/2006	Judith Oakley	FV40	00:37:45	151/266		Vegan
Marlow 5	07/05/2006	Sharon Davidson	Sen F	00:37:55	271st	41/591	VCAC
Market Harborough 5	20/06/2006	Bob Simpson	MV40	00:40:09	221/310	32/33	1st
Blisworth 5	31/08/2006	Michelle Gander	Sen F	00:40:55	30/70	4th	2nd
Banbury 5	13/06/2006	Bob Simpson	MV40	00:41:37	243/302	32/34	VCAC
5K							
Christleton 5K	12/05/2006	Pete Benyon	Sen M	00:15:53	8th		2nd
Bowdon 5K	08/06/2006	Pete Benyon	Sen M	00:16:04	8th		VCAC
Lymm 5K	24/06/2006	Pete Benyon	Sen M	00:16:12	4th		VCAC
Christleton 5K	12/05/2006	Suzanne Benyon	Sen F	00:17:06	3rd		2nd
Bowden 5K	08/06/2006	Suzanne Benyon	Sen F	00:17:22	1st		1st
LWAC 5K	30/08/2006	Paul Elliott	Sen M	00:17:51		3rd	1st
Covenham 5K	18/08/2006	Paul Elliott	Sen M	00:17:59	6th		1st
Horwich Carnival 5K	18/06/2006	Graham Tracey	Sen M	00:18:03			VCAC
Willen Lake Men Only 5K	24/08/2006	Marcus Whelband	Sen M	00:18:19	17th	12th	VCAC
Kennet Kanter	02/07/2006	John Morgan	Sen M	00:20:46	2/49		
Doncaster Race for Life	25/06/2006	Emma Smith	Sen F	00:22:47			1st
Waddesdon Manor 5K	19/07/2006	Sharon Davidson	Sen F	00:23:41	136/328	18/113	VCAC
Chicks Challenge	24/08/2006	Sharon Davidson	Sen F	00:24:07	24/169		Vegan
Walk							
Anglezarke Amble (24 M)	11/02/2006	Steve Coote	MV40	04:05:00			VCAC
Other							
Shrewsbury Alaska Challenge	29/09/2006	John Morris	MV40		4th		VCAC
UK Women's League (1500m)	03/06/2006	Suzanne Benyon	Sen F	00:04:42	5th		2nd
Aldersley 1.5M Fun Run	22/04/2006	Robert Mottram Jones	MV40	00:09:27	2nd		VCAC
Shugborough Relays (2M)	21/06/2006	Pete Benyon	Sen M	00:09:56			VCAC
Loughborough Int (3000m)	21/05/2006	Suzanne Benyon	Sen F	00:09:58	7th		2nd
Shugborough Relays (2M)	21/06/2006	Suzanne Benyon	Sen F	00:10:49	2nd		Vegan
Midland Road Relays (3M)	25/03/2006	Pete Benyon	Sen M	00:15:31			2nd
BAL League Div 2 (5000m)	06/05/2006	Pete Benyon	Sen M	00:15:52	7th		2nd
BMC 5000m	24/06/2006	Suzanne Benyon	Sen F	00:16:50	15th		2nd
Hythe 6K	06/05/2006	Peter Simpson	MV40	00:24:14			Vegan
Oxford 4	31/08/2006	Peter Simpson	MV40	00:27:02	108/248	36th	Vegan
Wolds Dash Series (7317m)	06/09/2006	Paul Elliott	Sen M	00:27:09	3/56	3rd	1st

Event	Date	Age_cat	Time	Position	Category	Vest	
Other							
V San Silvestre de la Salud(7.7K)	30/12/2006	Manuel Sanchez	00:31:43	149th		1st	
Rugby 6	10/05/2006	Peter Simpson	MV40	00:41:44	137/341	21/43	Vegan
Newcastle 7	09/04/2006	Suzanne Benyon	Sen F	00:42:30	1st		VCAC
Lostock 6	26/02/2006	Steve Coote	MV40	00:43:13	160/387	25 / 45	VCAC
Wolds Dash (11.9K)	09/08/2006	Paul Elliott	Sen M	00:46:09	5th		1st
Newcastle 7	09/04/2006	Robert Mottram Jones	MV40	00:46:33	53rd		VCAC
Stowmarket 7	12/11/2006	Paul Horne	MV40	00:48:36			VCAC
Rugby 6	10/05/2006	Bob Simpson	MV40	00:49:00	262/341	38/43	VCAC
Penn 7	18/06/2006	Ade Gibbon	MV50	00:53:00	53/290		VCAC
Clarendon Way Marathon Relay	01/09/2006	Ade Gibbon	MV50	00:55:18	7/75	1st	2nd
Through the Villages (8.5miles Chorley)	05/11/2006	Graham Tracey	Sen M	00:55:32	54/335		VCAC
Cwmcarn Scenic 7	12/07/2006	David Palmer	MV40	00:56:42	66/113		VCAC
Luton Marathon Relay (8.6M)	03/12/2006	Ade Gibbon	MV50	01:02:17	77th		VCAC
Luton Marathon Relay (8.7M)	03/12/2006	Peter Simpson	MV40	01:03:07	46th	11th	Vegan
Luton Marathon Relay (8.6M)	03/12/2006	Andy Harper	MV40	01:06:04	46th	11th	
Luton Marathon Relay (8.7M)	03/12/2006	Steve Coote	MV40	01:07:26	46th	11th	
Luton Marathon Relay (8.7M)	03/12/2006	Rod Paris	MV60	01:16:00	77th		VCAC
Thames Run, Wallingford (13K)	23/07/2006	Rod Paris	MV60	01:16:00			VCAC
Naterjack Waterloo 15K	01/05/2006	Jon Hobson	MV40	01:16:30	265/553		VCAC
Luton Marathon Relay (8.7M)	03/12/2006	Sharon Davidson	Sen F	01:17:53	77th		
Bungay 20K	19/02/2006	Paul Horne	MV40	01:29:04	92/443		VCAC
Coniston 14	01/04/2006	Graham Tracey	Sen M	01:31:30			VCAC
Coniston 14	01/04/2006	Ant Walker	Sen M	02:09:41	955/1356		VCAC
Dunstable Downs 20	17/09/2006	Sharon Davidson	Sen F	03:33:11	84/131	23/40	Vegan
Draycote Water 35M	12/02/2006	Robert Mottram Jones	MV40	05:01:30	19th		VCAC
Dartmoor Ultra (32.4M)	03/06/2006	David Palmer	MV40	05:35:40	60/154		VCAC
Boddington 50K	13/08/2006	David Palmer	MV40	05:37:05	53/61		VCAC
Boddington Manor 50K	13/08/2006	Sharon Davidson	Sen F	05:50:10	54/59	19/24	Vegan
Connemara Ultramarathon (39.3M)	26/03/2006	David Palmer	MV40	06:43:45	41/60		1st
Multi Terrain							
Isle of Wight Fell Race	23/09/2006	Muhayman Jamil	MV40	00:33:47			2nd
Hit the Trail 5 (Stockport)	15/01/2006	Steve Coote	MV40	00:36:17	48/174	5/15	VCAC
Watford Multi Terrain (5M)	12/11/2006	Peter Simpson	MV40	00:36:46	18/202	7th	Vegan
Butser Hill (4M Fell)	24/09/2006	Dave Arnold	MV40	00:38:58	27th		Vegan
Wendover Hil Woods (5M)	15/01/2006	Peter Simpson	MV40	00:38:58	61/269		Vegan
Wellingborough MT Series (10K)	12/02/2006	Peter Simpson	MV40	00:42:45	16th		Vegan
Machen Mountain 10K	28/08/2006	David Palmer	MV40	00:58:10	62/110		VCAC
Harewood 10M Trail Race	08/10/2006	Jon Zigmund	MV50	01:20:18	194/532	41/97	VCAC
Bronte Way Fell Run (8 miles)	08/10/2006	Ant Walker	Sen M	01:29:28	161/188		VCAC

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Multi Terrain							
Heritage Coast MT (14)	30/04/2006	Paul Horne	MV40	01:32:22			VCAC
Snowdon Race (10M)	22/07/2006	John Morgan	Sen M	01:50:24			
Race the Train (Tywyn)	19/08/2006	John Morris	MV40	01:51:30	128/709		VCAC
Race the Train (Tywyn)	19/08/2006	Robert Mottram Jones	MV40	01:56:51	191/709		VCAC
Yorkshireman Off-Road Marathon	10/09/2006	David Palmer	MV40	04:51:48	84/116		VCAC
Cross Country							
Galashiels XC	08/01/2006	Neil Ford		00:23:23	5/106		2nd
Galashiels XC	08/01/2006	Caz Lyall-Ford		00:27:15	50/106		2nd
Patshull Inter-Parish XC	07/05/2006	Robert Mottram Jones	MV40	00:27:45	4th		VCAC
Berwick XC	22/01/2006	Neil Ford		00:27:54	4/88		2nd
Berwick XC	22/01/2006	Caz Lyall-Ford		00:31:44	29/88		2nd
Vets AC XC (Wimbledon 5.5M)	23/12/2006	Peter Simpson	MV40	00:39:52	12/34		Vegan
Vets AC XC Champs	21/01/2006	Peter Simpson	MV40	00:40:07	30/61		Vegan
SEAA Vets AC Champs	04/02/2006	Peter Simpson	MV40	00:42:16			VCAC
Herberts Hole XC (10.5K)	19/11/2006	Ade Gibbon	MV50	00:51:25	87/270		VCAC
English National XC Champs	25/02/2006	Peter Simpson	MV40	01:00:25			VCAC
Witterings Coastal 10M XC	01/10/2006	Dave Arnold	MV40	01:01:40			Vegan
SEAA Senior Mens Champs	28/01/2006	Peter Simpson	MV40	01:13:31	468/551		VCAC